

Sakula Yoga Teacher training
200-hour In-depth studies and training
Schedule

Teacher Training Date and Time 2018 - 2019	
September 2018	Saturday and Sunday: 22, 23 at 12:30pm-7pm Tuesday: 25 at 7pm-9:30pm*
October 2018	Saturday and Sunday : 13, 14 at 12:30pm-7pm Every Tuesday at 7pm-9:30pm*
November 2018	Saturday and Sunday 3, 4 at 12:30pm-7pm Tuesday 6, 13, 27 at 7pm-9:30pm *
December 2018	Saturday and Sunday: 1, 2, 16 at 12:30pm-7pm Tuesday: 4, 11, 18 at 7pm-9:30pm*
January 2019	Saturday and Sunday: 5, 6 at 12:30pm-7pm Tuesday: 8, 15, 22, 29 at 7pm-9:30pm*
February 2019	Saturday and Sunday: 2, 3, 17 at 12:30pm-7pm Every Tuesday at 7pm-9:30pm*
March 2019	Hold for Student teaching 60 minutes dates Friday: 1, 8 at 6:30 – 9:30pm* Saturday: 2, 9 at 12:30-3:30pm* Sunday: 3, 10 at 12:30-2:30pm* Bold dates represent required training dates

***Dates and Times may be adjusted depending on class size, mentoring and Sakula regular class schedule.**